

FORUM



Self-Transformation: A Spiritual Journey of AA's 12 Steps

Saturday, June 22, 2024

7:00 – 9:00 pm (PDT)

In-person only at Concord Hall

1407 Chapala Street, Santa Barbara, CA

Speaker: Brian B.

What do you think of when you hear the word “alcoholic”? Do you think of the shopping cart pusher, the freeway off-ramp sign holder, the sidewalk sleeper, the raging domestic abuser? And why can't they just stop drinking? It turns out that alcoholics are everywhere, in every segment of society - on the judge's bench, helming large corporations, policing our streets and sleeping on park benches. They are husbands and wives, rich and poor, young and old, all with one thing in common - the inability to control their drinking.

For more than 80 years, Alcoholics Anonymous has been helping men and women recover from a seemingly hopeless state of mind and body by providing a simple blueprint for spiritual growth and human fellowship that transcends racial, national, and cultural boundaries.

Join Brian B., a sober member of Alcoholics Anonymous for over twenty years, as he explores the journey of self-transformation through the spiritual principles of the 12 Steps, including examination of AA culture and literature, related spiritual texts and his own personal experience. There will be an opportunity for discussion following the presentation.

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For more information: <http://www.worldculture.org>